

This is Autism

I am very, very proud that this book is dedicated to me. But not for that reason only. The framework is given of the methodology from "The essential 5" divided in eight disturbances in the brain that that give the autistic blueprint. Surprising is: Issues with executive functions (EF) are not a cause for autistic behavior, but a consequence of the disturbance in the information processing. With a fresh look at the autism spectrum symptoms the *circle of autism* has been created, with a balanced room for woman as well as man! (Equal)

The author herself writes:

THE ESSENTIAL 5 SERIES

This is the third book in the Essential 5 series. All three books complement each other. *The essential 5* was published first and forms the general basis. It's a must-have for anyone dealing with children or adults who need additional clarity.

The book *Auti-communicatie* (Auti communication) is the follow up to the Dutch version of *The essential 5*. This methodology is crucial for effective communication with CASS (person with autism). If you know how to apply Auti-communication, it saves a lot of struggle and you build positive contact. It prevents problems, between parent and child and between partners, as well as in a professional setting.

This is Autism gives you an insight into CASS' brain. And is the scientific foundation of the disturbances in the brain and of the Essential 5 method After reading this book you'll never be able to say: 'He's doing it on purpose.'

I wish you many new insights after having read *This is Autism*,
Colette de Bruin

The book can be ordered after September 2018 with High 5 Publishers Doetinchem.
Mar Wanrooij, June 1, 2018

